



## Get Involved

Maintaining and developing our quality services in order to provide the best possible support for people with learning disabilities is an increasingly expensive exercise. We currently subsidise all of our service provision, so to ensure that we continue to meet the requirements of everyone who uses our services, we need to raise in excess of £1m each year.

We welcome help with our fundraising and also value the many volunteers that we have engaged across the country that either help out in one of our regions or donate professional advice and business skills for free. Why not email us or call to chat about how you could get involved?

There is no better way to support Self Unlimited than by making a [direct donation](#), or by setting up a [regular payment scheme](#)

By [leaving a legacy](#) in your Will to benefit Self Unlimited

You may choose to make an [In Memorium](#) donation to Self Unlimited in memory of a loved one

Be a friend and make several in return. Why not help out as a [volunteer](#) or a [volunteer consultant](#) and make a real difference in someone's life?

By attending one of Self Unlimited's [events](#)

By supporting from your office chair with [Payroll Giving](#)

By buying a range of hand-crafted and other quality items from our [On-Line Shop](#)

### Self Unlimited Fundraising

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