



Regular giving

[Make a regular donation](#)

[Help us plan for the future](#)

By giving a Regular Donation to **Self Unlimited** you will enable us to plan ahead so that we can help continue to provide the breadth and quality of services that make **Self Unlimited** so special.

Our regular giving programme is our life-blood. It allows us to plan far more cost effectively towards the future. Each and every contribution really does impact directly on the people with learning disabilities across the country that use and benefit from the opportunities we are able to provide

Regular donations made by Standing Order also significantly reduce our administrative costs, meaning that more of your gift is directed to where it's most needed. A Standing Order is an agreement between you and your bank to pay a fixed amount at a fixed time to a beneficiary (e.g. a charity or utility company). It puts you in control of both the amount you pay and the date it is paid, and it also spreads the cost of your support, making it much easier for you. (Currently, we do not have the facilities to process Direct Debits.)

[Set up a regular gift now](#)

All you need to do is fill out our Standing Order form and send it back to us. We will do the rest, including forwarding the form to your bank.

[Standing Order Form](#)

[Download Standing Order Form](#)